

Catholic Health Mount St. Mary's Hospital
Board of Associates

SFC
The St. Francis Guild

"Spotlight on Niagara"

A raffle to thank community businesses for their support of Mount St. Mary's Hospital in 2020!
Sponsored by the Board of Associates and St. Francis Guild

4 prizes totaling \$1,100 in gift cards!
1st Prize: \$250 to Dimino Tops
2nd Prize: \$100 to Tim Horton's
3rd & 4th prizes: Each prize includes \$375 in gift cards to local restaurants who supported Mount St. Mary's at the peak of the pandemic!
1 ticket-\$10 3 tickets-\$20
Winners drawn on December 10th!

For tickets or for more information, visit the Board of Associates of Mount St. Mary's Hospital Facebook page, call 298-2143, or email boasmh@gmail.com. This raffle is being held in lieu of the annual Pink Elephant Basket Auction and Pancake Breakfast. Proceeds support the hospital through the initiatives of the Board of Associates and St. Francis Guild.

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Flex Benefit	None	\$400/year	None
Part B Deductible	\$198	None	None
PCP Copay	20%	\$0	\$10
Specialist Copay	20%	\$30	\$45
Lab Test Copay	\$0 or 20%	\$20	\$20
X-ray Copay	20%	\$10	\$10
Inpatient Copay	\$1,408	\$390/day for days 1-5, per admission	\$403/day for days 1-5, per admission
Ambulatory Surgical Center	20%	\$340	\$353
Part D Prescription Drug Coverage	No	Yes, with \$0 copay for preferred generics	Yes, with \$5 copay for preferred generics
Preventive Dental	None	Yes	Yes
Silver&Fit Fitness Benefit	No	Yes	Yes

¹These are 2020 amounts and may change for 2021. ²You must continue to pay your Medicare Part B premium.

Premiums, copays, coinsurance, and deductibles may vary based on the level of Extra Help you receive. Please contact the plan for further details. This is not a complete listing of plans available in your service area. For a complete listing, contact the plan. The benefit information provided is a brief summary, not a complete description of benefits. For more information, contact the plan. Limitations, copayments, and restrictions may apply. Benefits, formulary, pharmacy network, premium and/or copayments/coinsurance may change on January 1 of each year. This information is available for free in other languages. Please contact our Member Services number at 1-800-247-1447 (TTY: 711). Fidelis Care is contracted with Medicare for HMO, HMO D-SNP, and HMO-POS plans, and with the state Medicaid program. Enrollment in Fidelis Care depends on contract renewal.

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Lewiston Lions, VFW partner for veterans



Pictured are Lewiston Lions Tammie Scibilia and President Regina Ceconi with VFW Downriver Post 7487 Cmdr. Bill Justyk.

SUBMITTED BY REGINA CECONI
Lewiston Lions President

The Lewiston Community Lions and VFW Downriver Post 7487 are collecting toiletry items for our local female and male homeless veterans and those in the VA hospital and shelters. Travel and full-sized requested items include toothbrushes, toothpaste, soap, deodorant, lip balm, hand sanitizer, wipes, facial tissue packets, shampoo and lotion. A special request to remember our female veterans, as well, with donations of feminine products (tampons and sanitary pads), and size 1 and 2 diapers.

The collection drive goes from Nov. 25 through Dec. 16. Donations bins are located outside the Deal Realty office at 451 Center St., and The Orange Cat Coffee Co. at 703 Center St., Lewiston. Donations can also be dropped off at the Niagara River Region Chamber of Commerce (895 Center St.) during business hours (9 a.m. to 4 p.m. weekdays).

Donations are greatly appreciated; even a small item can help make a difference. For more information, contact this writer at 523-4567 or

Lions on Facebook.

Lewiston Lions understand a member's time may be limited due to family and work obligations. There is no mandatory number of meetings to attend (virtually or in-person), and member volunteer can participate how much or little as their schedule affords.

Lewiston Lions purchase Oodle double swing for inclusive playground



Pictured: Village of Lewiston Mayor Ann Welch with Lions Rob Nichols, President Regina Ceconi, Secretary Carissa Ceconi and Codie Thomas.

The Lewiston Community Lions recently presented the Village of Lewiston Town Board a check for \$10,285 for the purchase of an Oodle double swing for the inclusive playground.

The Oodle double swing, for inclusive playgrounds, is set side-by-side, and kids of all abilities can enjoy. The back-and-forth movement of swinging provides a child's nervous system with a wealth of visual, vestibular and proprioceptive stimulation as they learn how their bodies move in space and how much effort it takes to increase or decrease their speed.

"When the Village of Lewiston announced their plans for an inclusive playground in 2018, the Lewiston Community Lions knew we wanted to be a permanent part of the nearly 14,000-square-foot community addition that would provide a safe place for families and children of all abilities to have fun, and immediately started our fundraising efforts," past club President Lion Sheila Zuhlke said.

On Oct. 19, the Lewiston Community Lions, with community fundraising support and Lions Clubs grants, was able to present the Lewiston Village Board with a check for \$10,285 to complete payment for the Oodle double swing, currently being stored in the village Department of Public Works facility.

"We are a small club, but were able to accomplish a big goal, and are proud to be able to present this check to the village," President Regina Ceconi said.

The COVID-19 pandemic has pushed the groundbreaking of the inclusive playground to spring 2021, but it has not stopped the Lewiston Lions, as well as other WNY Lions Clubs, from continuing to serve their communities in this time of need. The Lewiston Lions were part of the WNY Lions efforts to provide over \$35,000 to local food pantries, as well as helping to distribute 850 meals to essential workers at the height of the pandemic quarantine.

"Finding alternative, safe ways to serve has been a primary goal for Lewiston Lions, but that is what we are - and will continue to do - because we are dedicated to our community and serving in any way we can," Ceconi said.

The Lewiston Community Lions club is currently accepting new members.

Phil Mastantuono
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Wheatfield seniors give back



Continued from Page 1

while just to see the smiles when they came. And it was touching, too, because so many of them brought and made donations."

With the meals covered, seniors were encouraged, instead, to donate money and/or canned goods to Cub Scout Pack No. 824 on behalf of Community Missions. Gooch said, in total, the troop received hundreds of canned goods and nearly \$150 in donations.

When asked if they were surprised about the residents "pay-it-forward" response, Stamm-Philipps and Strenkoski said they weren't.

"It's the Wheatfield way. Our community is full of wonderful people who are just so giving, and so I really wasn't surprised (by the generosity) at all," she said. "That's one of the reasons I wanted to be a part of this. There are just so many special people here. It was heartwarming, it really was."

From left: chef Jeff Jamieson from The Meeting Place, Niagara County Legislator Jesse Gooch, the Hon. Gary Strenkoski and the Hon. Angela Stamm-Philipps.

"We're Wheatfield. That's what the people are around here," Strenkoski said. "They wanted to do what we were doing. All they want to do is help. In the way that helping with the seniors made Judge Philipps and I feel good, giving back to the Scouts made those folks feel good. So am I surprised? Like I said, we're Wheatfield and that's what folks around here do. It's a great place where neighbors care."

The trio also wanted to thank Town Clerk Kathy Harrington and staff for their assistance with the drive, Community Center Administrative Assistant Gail Conner for taking orders, and Supervisor Don

MacSwan for his support. Included with each meal was a note reminding seniors to remember to wash their hands and stay in their homes as much as possible. It also included the number for Niagara County Mental Health Services (285-3515) for free crisis support, and an encouragement to reach out to Gooch himself anytime at 583-8931.

For updates and more information on COVID-19, visit www.niagaracounty.com.

Lewiston Fire Company #1

CHICKEN CHOWDER SALE
Sat. December 5 at 12 Noon - until sold out

Our Chowder sale will be "Drive Up" only. All containers will be provided by Lewiston #1, as we cannot accept any brought by customers due to COVID precautions.

Thank you for understanding and adapting to these challenging times!

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Christmas Walk Saturday, Dec. 5 & Sunday, Dec. 6 11-5pm
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